

MoviPrep Two Day Prep

Please follow instructions carefully. Failure to take the prep as indicated below may result in a poorly cleansed colon and possible cancellation of the procedure.

Two Days Before Your Colonoscopy

- Start drinking a bottle of **Magnesium Citrate** at 7:00pm, may drink in divided doses over the next hour. (Purchase over the counter)

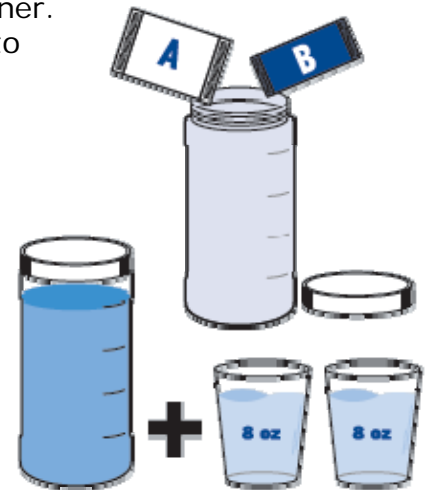
One Day Before Your Colonoscopy

- **Fill the prescription** from your doctor for **MoviPrep**. Purchase additional over the counter products that are listed on your instruction sheet.
- (See "**Clear Liquid**" Sheet) Start a clear liquid diet and continue clear liquids throughout the day. Solid foods, milk or milk products are **NOT** allowed. **Hemorrhoid Ointment or Cream and Hemorrhoid Wipes** (apply to ointment or cream to skin when you start your bowel prep and after each bowel movement, this will act as a barrier and help protect your skin)
- Use **Peri bottle**-filled with water to rinse area and pat dry after bowel movement.

Do not fast!!! Drink a variety of liquids that are listed for proper hydration.

Early Morning - mix your MoviPrep solution.

1. Empty 1 pouch A and 1 pouch B into the disposable container.
2. Add lukewarm water to the top line of the container. Mix to dissolve. Refrigerate.



EVENING- START PREP AT 7:00 PM

3. The **MoviPrep** container is divided by four marks. Every **15** minutes, drink the solution down to the next mark (approximately 8 ounces), until the full liter is empty.
4. **Drink at least 16 ounces of the clear liquid of your choice.** You may start going to the bathroom after only a couple of glasses, but be sure to drink **ALL** the solution. Continue drinking clear liquids until bedtime.
5. Prepare the second container of **MoviPrep** and refrigerate.

DAY OF PROCEDURE- AT:

6. Repeat steps 3 and 4 with the remaining Liter

Remember nothing by mouth 4 hours before colonoscopy or 6 hour before colonoscopy with EGD.

The Day of Your Colonoscopy

Two (2) hours before leaving home. (**If needed, when stools are cloudy or contain particles of sediment.**)

- Take **2 Fleets saline enemas**. Follow the directions on the label. (Over the counter)